

Focusing on the self is the opposite of focusing on God. Anyone completely absorbed in self ignores God, ends up thinking more about self than God. That person ignores who God is and what he is doing.
Rom. 8:7 (Mes)

BENEFITS TO FOCUSING ON GOD

1. FOCUSING ON GOD BRINGS ME _____
Why are you down in the dumps, dear soul? Why are you crying the blues? Fix my eyes on God— soon I'll be praising again. He puts a smile on my face. He's my God.
Psa. 42:5 (Mes)
2. FOCUSING ON GOD BRINGS ME _____
In the day when I called, You answered me; and You strengthened me with strength (might and inflexibility to temptation) in my inner self.
Psa. 138:3 (AMP)
3. FOCUSING ON GOD BRINGS ME _____
An undisciplined, self-willed life is puny; an obedient, God-willed life is spacious.
Prov. 15:32 (Mes)
4. FOCUSING ON GOD BRINGS ME _____
The thing you should want most is God's kingdom and doing what God wants. Then all these other things you need will be given to you.
Matt. 6:33 (NCV)
5. FOCUSING ON GOD BRINGS ME _____
Self-sacrifice is the way, my way, to finding yourself, your true self.
Luke 9:24 (Mes)
6. FOCUSING ON GOD BRINGS ME _____
The whole point of what we're urging is simply love—love uncontaminated by self-interest and counterfeit faith, a life open to God.
1 Tim. 1:5 (Mes)

1. GET ALONE _____
Find a quiet, secluded place so you won't be tempted to role-play before God. Just be there as simply and honestly as you can manage. The focus will shift from you to God, and you will begin to sense his grace.
Matt. 6:6 (Mes)
 2. ASK GOD _____
I'll give you a new heart, put a new spirit in you. I'll remove the stone heart from your body and replace it with a heart that's God-willed, not self-willed.
Eze. 36:26 (Mes)
 3. HEAR _____
Then he told me, My grace is enough; it's all you need. My strength comes into its own in your weakness. Once I heard that, I was glad to let it happen. I quit focusing on the handicap and began appreciating the gift. It was a case of Christ's strength moving in on my weakness.
2 Cor. 12:9 (Mes)
 4. OFFER _____
Anyone who comes to me but refuses to let go of father, mother, spouse, children, brothers, sisters—yes, even one's own self!—can't be my disciple.
Luke 14:26 (Mes)
 5. SUBMIT _____
People who are ruled by their desires think only of themselves. Everyone who is ruled by the Holy Spirit thinks about spiritual things.
Rom. 8:5 (CEV)
- So let's keep focused on that goal, those of us who want everything God has for us. If any of you have something else in mind, something less than total commitment, God will clear your blurred vision—you'll see it yet!*
Phil. 3:14-15 (Mes)