

Just looking at me is enough to make you sick, and the very thought of myself fills me with disgust. Job 21:5-6 (CEV)

WHY SHOULD I PUT SELF-CONTEMPT ON THE SHELF

1. GOD WANTS ME TO _____

The whole Law is summed up in one commandment: "Love your neighbor as you love yourself." Gal. 5:14 (GN)

2. GOD WANTS ME TO _____

You made my whole being; you formed me in my mother's body. I praise you because you made me in an amazing and wonderful way. What you have done is wonderful. I know this very well. Psa. 139:13-14 (NCV)

HOW TO PUT SELF-CONTEMPT ON THE SHELF

1. RELEASE _____

And when you stand praying, if you hold anything against anyone, forgive him, so that your Father in heaven may forgive you your sins. Mark 11:25

2. ACCEPT THE _____

➤ _____

We know that all that happens to us is working for our good if we love God and are fitting into his plans. Rom. 8:28 (LB)

➤ _____

All the prophets testify that everyone who believes in Jesus [who adheres to, trusts in, and relies on Him, giving themselves up to Him] receives forgiveness of sins through His name. Acts 10:43 (AMP)

➤ _____

But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. 2 Cor. 12:9

➤ _____

If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him. James 1:5

➤ _____

God began by making one person, and from him came all the different people who live everywhere in the world. God decided exactly when and where they must live Acts 17:26 (NCV)

➤ _____

But they that wait upon the Lord shall renew their strength. They shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint. Isa. 40:31 (LB)

➤ _____

You were dead because of your sins and because your sinful nature was not yet cut away. Then God made you alive with Christ, for he forgave all our sins. Col. 2:13 (NLT)

➤ _____

The LORD doesn't see things the way you see them. People judge by outward appearance, but the LORD looks at the heart. 1 Sam. 16:7 (NLT)

3. CHOOSE TO _____

So now there is no condemnation for those who belong to Christ Jesus. Rom. 8:1 (NLT)

"For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future." Jer. 29:11